

Inspiring Hope for Tomorrow

2016 Annual Foster Parent Conference

September 9-11, 2016 Murfreesboro, Tennessee

Presented by the Tennessee Department of Children's Services in partnership with the Tennessee Foster and Adoptive Care Association and Tennessee Advocacy Program

Registration Brochure

WELCOME

Foster Parents

Please visit us at



A new resource for Tennessee Families!







Suggested Conference Attire

Friday, September 9, 2016 Event Dress

Registration/Workshops Association T-Shirts/ Welcome Event Business Casual

Saturday, September 10, 2016 Event Dress

Registration/Workshops | Association T-Shirts/ Business Casual

Sunday, September 11, 2016 Event Dress

Devotional Service Business Casual/
Workshops Travel Ready
Closing Luncheon

DCS Conference Staff Contact Information

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Children's Services
Office of Learning and
Development
200 Athens Way
3rd Floor, Suite C
Nashville, TN 37243

General Information

The 2016 DCS Statewide Foster Parent Conference

INSPIRING HOPE FOR TOMORROW

will be held September 9-11, 2016

Registration dates have been set so there is ample time to ensure that all conference materials are returned to you prior to August 15, 2016. We anticipate an excellent experience for all participants.

Please take a moment to review instructions before registering online or completing the forms in the brochure. We recommend that you retain a copy of all registration forms submitted for your records.

The postmark deadline date for early registration is July 15, 2016. Late registration must be postmarked by July 31, 2016. These dates are in accordance with the hotel rooming list deadline dates.

NO REGISTRATION WILL BE ACCEPTED AFTER JULY 31, 2016. THERE WILL BE NO ON-SITE REGISTRATION.

Pre-registration: Pre-registration is mandatory for all conference attendees in order to facilitate planning and to ensure that enough hotel rooms are reserved.

Registration fee: Registration fees for the 2016 DCS Statewide Foster Parent Conference are as follows:

2016 Registration Fees						
Conference rate includes: 3 meals per participant, snacks, and hotel if applicable.						
Association		Non-l	Member	La	te Fee	
	Member					
	Couple	Individual	Couple	Individual	Couple	Individual
One Night Only	\$140	\$70	\$200	\$100	\$30	\$15
Two Nights	\$237	\$172	\$297	\$197	\$40	\$20
Commuter (no hotel)	\$80	\$40	\$150	\$75	\$10	\$5

Training hours: Conference attendees can earn up to 21 hours of training by attending the opening and closing sessions, workshops, and the optional TFACA annual meeting on Saturday.

Travel: In accordance with state policy, **parents and staff residing** within a 50 mile radius will not be eligible to stay at the conference hotels. Rooms will be reserved at the conference site on a first come, first serve basis. Only DCS foster parents are eligible for mileage reimbursement. Foster parents who receive board payments from private agencies, shared homes, and agency staff are NOT eligible for travel reimbursement. Check with your private agency to see if reimbursement is available. Mileage reimbursement will be at the current state mileage rate.

Commuters: If you are not eligible to stay overnight at the conference hotel (i.e., you live in Davidson, Rutherford, Williamson, or Wilson County), you are eligible for round trip mileage for each day you attend the conference. There will be a DCS staff member onsite to assist with completion of the mileage process. In addition, parents can visit the designated person at the DCS Mall in the conference vendor area for further information.

Association membership: Do NOT send your association member ship fees to the Department of Children's Services. This will delay your application.

Silent Auction and Door Prizes: TFACA asks each local association and DCS region to donate a basket of items to be auctioned during the conference. The basket should include items of good quality. The item(s) purchased or hand-crafted should be of purchasable quality and attract the attention of participants. The Silent Auction will run throughout the conference and everyone will have an opportunity to bid. Proceeds from the auction will benefit the TFACA Scholarship Fund. Door prize items should be brought to the conference. For more information, contact the Silent Auction/Door Prize Chair Peggy

Carroll at 423-462-5808. Please remember to bring your baskets to the conference.

TFACA Scholarship: Foster, birth, and adoptive children of TFACA members are eligible to apply for the Kenneth P. and Maxine Fox Scholarship. Applications must be submitted by June 1, 2016 to be considered. Visit the TFACA



2015 Scholarship Recipients

website at http://www.tfaca.net/scholarships.html for details.

Child Attendance: REMEMBER: No registration will be accepted for minor children. No child will be allowed in any workshops, conference activities, at the conference center, or at any of the conference hotels. Please cooperate with the rules. Registrants who bring children to the conference will be asked to leave and no conference refund will be granted. Parents are asked to make childcare arrangements prior to the conference weekend.

For those with approved Special Meal Needs: If meal accommodations are necessary, please indicate your meal needs on the registration form. You will be provided with an Alternative Meal Needs ticket to present to the wait staff to assure that your meal accommodation requests are met in a timely manner. If you have any questions, please come to the DCS Courtesy Booth.

Elections: The annual TFACA elections will be held at the annual Statewide Foster Parent Conference on September 9-11, 2016. To cast your vote, visit the Elections table between 8:00 AM and 6:00 PM on Saturday, September 10. There will be no opportunity to vote on Sunday. In addition, TFACA will be accepting absentee ballots between August 1 and August 31. Please visit the TFACA website for additional information at www.tfaca.net.

Hotel Information

The 2016 DCS Foster Parent Conference,

INSPIRING HOPE FOR TOMORROW,

will be held September 9-10 in Murfreesboro, Tennessee.

The conference will be held at

THE EMBASSY SUITES CONFERENCE CENTER-MURFREESBORO

1200 CONFERENCE CENTER BOULEVARD MURFREESBORO, TN 37129 (615) 890-4464

Note: The conference committee will make all hotel reservations.

Hotel reservations will be made after your conference registration form and fees are received. There is a limit of one room per registered family.

Please note the additional instructions below:

- This year, three hotels will be used for the conference: Embassy Suites, Hilton Garden Inn, and Holiday Inn.
- Hotel rooms will be assigned as conference fees and registrations are received.
- Once your registration is received, your hotel reservation will be made and you will receive a confirmation letter in the mail.
- All conference fees must be received by August 15.

Conference participants will NOT be able to make hotel reservations directly with the hotel. They must be made by submitting your Conference Registration Fee and Registration Form.

Please note the additional instructions below:

- If handicap accommodations are necessary, please explain the accommodation needs on your conference registration form.
- Rooms are assigned as the conference registration fees and forms are received. Once the conference hotel reaches capacity, the overflow hotels will be utilized.
- If you have made arrangements to room with another conference registrant, please include this information on your registration form.
- There are a limited number of King rooms available.
 Preference may be specified but is not guaranteed.
- If you are staying at the hotel for one night only, you must specify Friday or Saturday on your registration information.
- Hotel charges: DCS will not pay any incidental charges incurred by participants during their stay. All participants will be charged a \$25 incidental fee. Any charges will be the sole responsibility of the registrant. The conference hotel is a smoke free facility. A penalty fee of \$150 or more will be charged by the hotel to the registrant if there is smoking in the hotel room. This penalty will be the sole responsibility of the registrant and will be required at the time of checkout.
- Confirmation numbers: All confirmation numbers will be included in your conference registration confirmation letter. This letter will be mailed within two weeks of receiving your conference registration.
- All hotel rooms paid for by DCS are for registered conference participants only.







How to Get There

Directions to the Embassy Suites - Murfreesboro, TN

Directions to the Embassy Suites - Murifeesboro, TN	
FROM NORTH: Clarksville	
Take I-24 E toward NASHVILLE	40.9 mi
Keep right on I-24 and take exit 213A toward CHATTANOOGA	24.5 mi
Take Manson Pike/Medical Center Pkwy Exit 76	0.2 mi
Keep left to take the Medical Center Pkwy ramp	0.05 mi
Turn slight left onto Medical Center Pkwy/Manson Pike	0.1 mi
Stay straight on Medical Center Pkwy/Manson Pike	0.2 mi
Take the 2 nd right onto Conference Center Boulevard	0.3 mi
1200 Conference Center Boulevard is on the right.	
FROM SOUTH: Chattanooga	
Merge onto I-24 W toward NASHVILLE/BIRMINGHAM	103.3 mi
(passing through Georgia, then crossing into Tennessee)	
Take Manson Pike/Medical Center Pkwy Exit 76	0.3 mi
Keep right to take the Medical Center Pkwy ramp	0.05 mi
(If you reach I-24 W, you have gone 0.4 miles too far.)	
Turn slight left onto Medical Center Pkwy/Manson Pike	0.2 mi
Take the 2nd right onto Conference Center Boulevard	0.3 mi
1200 Conference Center Boulevard is on the right.	
FROM EAST: Knoxville	
Take I-40 W toward NASHVILLE	152.9 mi
	152.9 mi 24.0 mi
Take I-40 W toward NASHVILLE	
Take I-40 W toward NASHVILLE Merge onto 840 W via Exit 235 toward MURFREESBORO	24.0 mi
Take I-40 W toward NASHVILLE Merge onto 840 W via Exit 235 toward MURFREESBORO Merge onto I-24 E via Exit 53A toward CHATTANOOGA	24.0 mi 2.0 mi
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How to Get There

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FROM NORTH: Clarksville	
Take I-24 E toward NASHVILLE	40.9 mi
Keep right on I-24 and take exit 213A toward CHATTANOOGA	24.5 mi
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Stay straight on Medical Center Pkwy/Manson Pike	0.2 mi
Take the 2nd right onto Conference Center Boulevard	0.3 mi
1335 Conference Center Boulevard is on the right.	
FROM SOUTH: Chattanooga	
Merge onto I-24 W toward NASHVILLE/BIRMINGHAM	103.3 mi
(passing through Georgia, then crossing into Tennessee)
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How to Get There

Directions to the Holiday Inn – Murfreesboro, TN

Directions to the Holiday inn - Murfreesbor	0, IN
FROM NORTH: Clarksville	
Take I-24 E toward NASHVILLE	40.9 mi
Keep right on I-24 and take exit 213A toward	24.5 mi
CHATTANOOGA	
Take Manson Pike/Medical Center Pkwy Exit 76	0.2 mi
Keep left to take the Medical Center Pkwy ramp	0.05 mi
Turn slight left onto Medical Center Pkwy/Manson Pike	0.1 mi
Stay straight on Medical Center Pkwy/Manson Pike	0.2 mi
Take the 1st right onto Silohill Lane	0.1 mi
Holiday Inn is on the right.	
FROM SOUTH: Chattanooga	
Merge onto I-24 W toward NASHVILLE/BIRMINGHAM	103.3 mi
(passing through Georgia, then crossing into Tennessee)	
Take Manson Pike/Medical Center Pkwy Exit 76	0.3 mi
Keep right to take the Medical Center Pkwy ramp	0.05 mi
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Turn slight left onto Medical Center Pkwy/Manson Pike	0.2 mi
Take the 1st right onto Silohill Lane	0.1 mi
Holiday Inn is on the right.	
FROM EAST: Knoxville	
Take I-40 W toward NASHVILLE	152.9 mi
Merge onto 840 W via Exit 235 toward MURFREESBORO	24.0 mi
Merge onto I-24 E via Exit 53A toward CHATTANOOGA	2.0 mi
Take Manson Pike/Medical Center Pkwy Exit 76	0.2 mi
Keep left to take the Medical Center Pkwy ramp	0.05 mi
Turn slight left onto Medical Center Pkwy/Manson Pike	0.1 mi
Take the 1st right onto Silohill Lane	0.1 mi
Holiday Inn is on the right.	
FROM WEST: Memphis	
Merge onto I-40 via Exit 12C on the LEFT toward NASHVILLE	195.2 mi
Merge onto I-440 E via Exit 206 toward KNOXVILLE	7.4 mi
Merge onto I-24 E toward CHATTANOOGA	23.6 mi
Take Manson Pike/Medical Center Pkwy Exit 76	0.2 mi
Keep left to take the Medical Center Pkwy ramp	0.05 mi
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Stay straight on Medical Center Pkwy/Manson Pike	0.2 mi
Take the 1st right onto Silohill Lane	0.1 mi
Holiday Inn is on the right.	

2016 Conference at a Glance Tentative Schedule

Conference Times	Conference Events
Friday, September	9, 2016
11:00 AM-8:00 PM	Registration
12:00 PM-5:15 PM	Concurrent Workshops
5:00 PM-5:45 PM	Opening Reception
	appetizers served
5:45 PM-6:15 PM	Opening Session
6:15 PM-7:30 PM	Regional Welcoming
Saturday, Septemb	er 10, 2016
7:30 AM-4:30 PM	Registration
8:00 AM-12:30 PM	Concurrent Workshops
10:00 AM-2:00 PM	Regional Welcoming
12:30 PM-2:00 PM	Lunch
12:45 PM-1:45 PM	TFACA Annual Meeting
2:00 PM-6:30 PM	Concurrent Workshops
6:30 PM	Dinner on your own
Sunday, September	⁻ 11, 2016
7:00 AM-8:30 AM	Breakfast
7:30 AM-9:00 AM	Registration
7:30 AM-8:45 AM	Devotional
8:00 AM-12:00 PM	Silent Auction Pick-up
9:00 AM-12:00 PM	Concurrent Workshops
	some workshops begin at 8:00 AM
12:15 PM-2:30 PM	Closing Luncheon
3:00 PM-3:30 PM	Conference Wrap-up

New Requirement: Prudent Parenting

Prudent Parenting is a new, federally mandated training that is required for **ALL** foster parents. Prudent Parenting 1 and Prudent Parenting 2 will be offered several times throughout the weekend to allow parents ample opportunity to fit these requirements into their schedules.

Tracks

To assist our foster parents in the course selection process, this year we have proposed training tracks to appeal to particular interests, as well as schedules for our first and second year parents.

Please note that the elective tracks are suggestions only and are meant to be a guide for parents to identify courses that may meet their needs. You are not bound to attending trainings within a single track.

Adoption and Families

- Adoption Preparation 1, 2, 3
- Best Practices in Transracial Parenting
- Impact of Fostering on Birth Children

NAS

- NAS/Safe Sleep
- Improving Developmental and Sensory Processing Function
- Issues Confronting Children Who Have Been Drug-Exposed During Gestation

Support and Resources

- Empowering Local Foster Parent Association Presidents and Representatives
- Foster Parent Bill of Rights
- KEEP Overview
- Financial Foundations of a Family
- CASA 101: CASA Is Not Just a House
- Resource Linkage
- Insurance Basics
- Building Your Village: Connecting Hurt Children with Appropriate Services
- Who Am I? Creative Responses to Classroom Activities for Foster Children
- Child Passenger Safety

<u>Trauma</u>

- Caring for Children Who Have Experienced Trauma
- · Circle of Security Attachment Parenting
- Family Functioning and Parental Stress
- · Loving and Letting Go
- TBRI
- The Power of Connectivity (KEYNOTE)
- Tru Life: Being a Child in Foster Care

Mental Health

- NAMI Basics: Coping with Childhood Onset Mental Illness
- Trauma and ACEs
- Youth Mental Health (3 parts)

Sexual Abuse

- Consider Fostering a Youth with Problematic Sexual Behavior
- Darkness to Light: Stewards of Children
- Human Trafficking in Tennessee
- Safety Planning Related to Sexual Behavior
- Sexualized Behavior in Children: What's Normal, What's Not, and How to Respond

Teens

- Reality Check
- Knowledge for Fostering Adolescents
- Success Beyond 18: Transitioning Youth to Adulthood
- Tough Topics from Teens: Answering Difficult Questions
- Truth and Consequences: Helping Teens Make Decisions Based on Future Goals
- Foster Care to Freshman: College and Career Mindset Workshop
- Cyberbullying and Sexting

Additional Elective Workshops

- Helping Children and Youth with Autism Develop Self-Advocacy Skills
- Latino Culture
- Parenting Children with Diabetes
- Parenting LGBT Children: A Parent's Guide to Embracing Authenticity

Required Courses

The following course descriptions are for trainings required of all foster parents after approval. Schedules for parents needing required in-service courses will be created by the conference planning committee based on information provided on the registration form.

Required Courses for First Year Foster Parents

Course Title	Course Description
Child Development	This course enables participants to have a better
	understanding of age-appropriate behaviors for the
Per DCS policy 16.8,	children they are parenting, as well as helps them identify
required for first year	behaviors that might indicate a problem. Participants also
foster parents.	learn the stages of child and adolescent development.
	Finally, parents are able to explore how some forms of
	maltreatment affect a child's development.
Creating Normalcy	This 2-hour course, required for all foster parents,
through Prudent	introduces and instructs participants how to create
Parenting 1	normalcy through the reasonable, prudent parent
	standard which is characterized by careful, thoughtful
Required for first year	parental decision-making that is intended to maintain a
foster parents.	child's health, safety and best interest, while creating a
This fedoually mandated	more normal life. Participants will be able to recognize the
This federally mandated course is a one-time	importance of normalcy, implement the prudent parent
requirement for ALL	standard, and learn about providing access to age
foster parents.	appropriate activities
Cultural Awareness for	This 1-hour course allows foster parents to examine their
1 st Year Foster Parents	own cultural backgrounds and beliefs about different
	cultures through self-assessment. The role that culture
Per DCS policy 16.8,	plays in a person's development and sense of identity will
required for first year	also be explored.
foster parents.	This source provides participants with information that will
Helping Children Make Transitions	This course provides participants with information that will
11 di ISIUUTIS	help them to work with children who
Per DCS policy 16.8,	are in transition. Understanding the issues faced by these
required for first year	children and their families as they move from one setting
foster parents.	to another is the focus of this course. Techniques to help children through this time of trauma, with emphasis on
Paranting the Cavually	maintaining significant relationships, are discussed.
Parenting the Sexually Abused Child	This training addresses issues of coping with and
Abusea Cilia	responding to disclosures, managing sexual acting-out
Per DCS policy 16.8,	behaviors, developing family rules that are relevant to the
required for first year	sexually abused child, understanding myths and realities
foster parents.	of sexual abuse, realizing the important role of therapy,
F	and understanding potential outcomes for children who have been victimized.
	nave been vicumized.

Course Title	Course Description
Working with Birth	This course helps everyone involved in foster care gain an
Parents	appreciation for the critical role of birth parents in the lives
Per DCS policy 16.8,	of children in care. Participants will have an opportunity to explore the impact that a child's history and visits with
required for first year	' '
traditional foster parents	his/her parents have on behaviors.
and <u>non-related</u> kinship	
parents.	
Working with the	This training will help foster parents to develop positive
Education System	relationships with local school systems.
	Topics include obtaining and sharing the Education
Per DCS policy 16.8,	Passport (school records), navigating the special education
required for first and	process, consulting your Education Specialist,
second year foster	understanding DCS education policies, and collecting
parents.	information for use in Child and Family Team Meetings.

Required Courses for Second Year Foster Parents

Course Title	Course Description
Connecting Children and	This course will provide foster parents with a better
Parents through	understanding of: the federal and state mandates on child
Visitation	and family visitation; the importance of the child and
	family visitation and why supporting this contact is
Per DCS policy 16.8,	important to a child's developmental and mental well-
required for second year	being; how to identify the reasons for a child's behavior
foster parents.	before during and after visitations; and how to
	strategically minimize these behaviors.
CPR & First Aid Refresher	This course, required for all foster parents every two years
	after approval, instructs participants in basic CPR and first
Per DCS policy 16.8,	aid skills that can sustain or save a life while professional
required for second year	emergency help is on the way. This training will make the
foster parents.	home and work environment safer by preventing illness
Required for all foster	and injury as well as allowing parents to quickly
parents in the fourth year	recognizing and responding to emergencies.
and every other year	
thereafter.	
Creating Normalcy	This 2-hour course, required for all foster parents,
through Prudent	introduces and instructs participants how to create
Parenting 2	normalcy through the reasonable, prudent parent
	standard which is characterized by careful, thoughtful
Required for second year	parental decision-making that is intended to maintain a
foster parents.	child's health, safety and best interest, while creating a
This federally mandated	more normal life. Participants will be able to promote
course is a one-time	normalcy with foster youth, eliminate barriers to prudent
requirement for ALL	parenting and use prudent parenting to teach life skills.
foster parents.	

Course Title	Course Description
Cultural Awareness for	In this 1-hour workshop, parent, child, and social roles will
2 nd Year Foster Parents	be explored. Issues regarding communication and
	culturally-specific needs will also be introduced. By the end
Per DCS policy 16.8,	of the session, participants will have the opportunity to
required for second year	practice their cultural competence.
foster parents.	·
Fostering Positive	This course is an interactive DVD series which
Behavior	demonstrates best practice in behavioral problem-solving
	methods and highlights prohibited behavioral practices.
Per DCS policy 16.8,	Participants will learn how to apply principles of DCS work
required for second year foster parents.	to specific issues of behavior management, how to
loster parents.	approach the behavioral issues of children in state
	custody, and how to demonstrate effective behavioral
	problem-solving methods.
Medication	This course is required for all DCS foster parents every two
Administration	years after approval. This refresher course includes an
Refresher	update on medication administration policies and
Day DCC policy 16 9	procedures. The course also provides an update on the
Per DCS policy 16.8, required for second year	knowledge to safely and effectively administer
foster parents.	medications to children in care. Topics included in this
	class range from self- storage and disposal of medication to common errors in medication administration.
Required for all foster	to common errors in medication administration.
parents in the fourth year	
and every other year	
thereafter. What to Know about	This source will equip factor parents with information and
Child Exploitation and	This course will equip foster parents with information and training about Child Exploitation and Human Trafficking.
Human Trafficking	Foster parents will gain insight into the criminality of child
Truman trameking	exploitation and human trafficking while learning about
Per DCS policy 16.8,	the physical and psychological impact it has on children.
required for second year	Participants will learn about the importance of protecting
foster parents.	and educating children about the dangers of being lured
	into this fast-growing illegal activity that is considered
	modern day slavery.
Working with the	This training will help foster parents to develop positive
Education System	relationships with local school systems.
, , , , ,	Topics include obtaining and sharing the Education
Per DCS policy 16.8,	Passport (school records), navigating the special education
required for first and	process, consulting your Education Specialist,
second year foster	understanding DCS education policies, and collecting
parents.	information for use in Child and Family Team Meetings.
In lieu of classroom	
participation, second year	
foster parents may view	
the e-learning video on	
the Foster Parent Training	
website to receive credit.	

Specialized In-Service Courses

Course Title	Course Description
Kinship Family Dynamics	Family Dynamics never remain the same. The dynamics are constantly shifting based on a number of factors
Per DCS policy 16.8, required for first year <u>related</u> kinship foster parents.	including family members' differing communication styles, traditions, and changes in parental roles, such as the ones required when families become a kinship placement. This workshop allows participants to explore ways to adapt to the changes in the family dynamic as a result of a kinship placement.
Kinship Family Role Conflict	This workshop allows participants the opportunity to learn techniques to address role conflict within their family as a result of a kinship placement. Topics addressed in this
Per DCS policy 16.8, required for first year <u>related</u> kinship foster parents.	course include how to work effectively with the birth parents and how to handle the stressors that can occur by becoming a kinship placement.
Parenting the Youthful Offender	This course is required for all foster parents fostering delinquent youth. This class allows foster parents to explore the benefits of fostering a delinquent youth.
Per DCS policy 16.8, required for foster parents caring for youth adjudicated delinquent. Includes Working with Birth Parents.	Participants will gain knowledge helpful in assisting a delinquent youth in addressing challenging behaviors, delinquent behaviors, adolescent development, and transitioning to home or independent living placement.

Elective Workshops by Topic

Adoption and Families

	Course Title	Course Description
21A	Adoption Preparation 1 Friday, 2:30 PM-4:30 PM Presented by Michelle Hathaway, Kim Liberatore, Lenna Allen, Harmony Family Center; Kim Morris, Catholic Charities	This workshop will discuss the motives and expectations of adopting. Parents will identify and discuss concerns and fears about adopting and discuss and understand the impact of loss on foster/adoptive parents and children and its effect on relationships. Parents will gain a deeper insight and awareness of the self and the family system, and will gain insight from professionals in the adoption field.
19B	Adoption Preparation 2 Saturday, 8:00 AM-10:00 AM Presented by Michelle Hathaway, Kim Liberatore, Lenna Allen, Harmony Family Center; Kim Morris, Catholic Charities	The second part in this adoption series will help parents gain an understanding of emotional triggers for parents and traumatized children; a deeper understanding of the emotional role birth parents play in the adopted child's life; the importance of trust in the parent/child relationship; and an understanding of what healthy and unhealthy attachment behaviors look like.

	Course Title	Course Description
12C	Adoption Preparation 3	In this workshop, parents will gain a greater understanding of the impact of trauma on child's
	Saturday, 10:30 AM- 12:30 PM	life, insight into stress responses that special needs children display, and insight and understanding into attachment parenting. Parents will also develop the
	Presented by Michelle Hathaway, Kim Liberatore, Lenna Allen, Harmony Family Center; Kim Morris, Catholic Charities	ability to identify toxic ruptures that hurt the attachment process and develop a clear plan of how to avoid them.
14D	Best Practices in Transracial Parenting	According to the Evan B. Donaldson Adoption Institute, 36% of children adopted in the United States find forever families with people of a
	Saturday, 2:00 PM-3:00 PM	different race, yet very little training is given to families or social workers as to how to meet the physical and cultural needs of these children. Issues
	Presented by Amy Ford, New York Life	of hair and skin care, racial identity, and dealing with racism are daily concerns for parents who do not have the life experience of navigating the world as a person of color. This workshop will assist families in bridging the cultural gap.
15F	The Impact of Fostering on Birth Children	Adding a foster child to the household naturally stirs up a variety of emotions. Birth children of foster parents may be excited at the prospect of a new
	Sunday, 9:00 AM-12:00 PM	child in the home, but at the same time may be jealous of the time and energy their parents devote to the new child. This course explores what birth
	Presented by DCS Contract Trainer	children may feel through all phases of the fostering process and offers tips for helping them cope.

Mental Health

	Course Title	Course Description
24A	Trauma and ACEs Friday, 4:15 PM-5:15 PM	A child's experience of trauma can have lasting, measurable consequences later in life that impact every area of human functioning - physical, mental, behavioral, social, and spiritual. The Adverse
	Presented by Bonnie S. Beneke, LCWS, Department of Children's Services	Childhood Experiences Study (ACES) conducted by the CDC and Kaiser Permanente assessed the associations between trauma and the lasting effects these experiences have on an individual's health and emotional well-being. This workshop will help families recognize these effects and will offer tools and resources to help children recover and grow to be resilient.

	Course Title	Course Description
17B,	Youth Mental Health	The 3-part course teaches participants the risk
2E,	First Aid (All 3 required)	factors and warning signs of mental health
and		challenges common among adolescents, including
12F	Part 1: Saturday,	anxiety, depression, psychosis, eating disorders,
	8:00 AM-10:30 AM	ADHD, disruptive behavior disorders, and
	Part 2: Saturday,	substance use disorder. Participants will learn how
	4:00 PM-6:30 PM	to support a youth developing signs and symptoms
	Part 3: Sunday,	of a mental illness or emotional crisis by applying a
	9:00 AM-11:30 AM	core five-step action plan: Assess for risk of suicide
		or harm; Listen nonjudgmentally; Give reassurance;
	Presenter to be	Encourage appropriate professional help;
	announced	Encourage self-help and other support strategies.
16D	NAMI Basics: Coping	This workshop will tell the story of how one family
	with Childhood Onset	survived the mental illness of its children. You will
	Mental Illness	be introduced to NAMI Basics, a free education
		class for caregivers of children and adolescents
	Saturday, 2:00 PM-3:00	with emotional and behavioral disorders. NAMI
	PM	Basics is now accepted by the Department of
		Children's Services as continuing education credit
	Presented by Roger and	for foster parents of children and adolescents with
	Denise Stewart, NAMI TN	emotional and behavioral disorders.

Neonatal Abstinence Syndrome

	Course Title	Course Description
4B	NAS and Safe Sleep	This workshop will increase the knowledge of
		parents who are fostering or considering fostering
	Saturday, 8:00 AM-	infants affected by neonatal abstinence syndrome
	12:00 PM	(NAS). Parents will learn to understand the effects
		on infants exposed to drugs during pregnancy and
	Presented by Janet Noble,	will also learn non-pharmacological ways to sooth
	RN, East Tennessee Children's Hospital	and comfort infants. The ABCs of safe sleep are
	'	also covered.
6E	Improving	This course will provide an overview of the impact
	Developmental and	that neonatal drug exposure can have on babies as
	Sensory Processing	well as older children in regards to gross and fine
	Function in Children	motor development and sensory processing. It will
	Affected by NAS: A	discuss the purposes of occupational and physical
	Physical and	therapy and how they can help to improve deficits
	Occupational Therapy	caused by NAS. A review of typical and atypical
	Approach	development for newborns through school aged
	Catalandary 4:20 DM 6:20	children will be provided in order to recognize red
	Saturday, 4:30 PM-6:30	flags indicating difficulties that need to be formally
	PM	addressed by an occupational and/or physical
	Drosontod by Johnifor	therapist.
	Presented by Jennifer Walkup, PT, DPT, PCS, and	
	Crystal Henley, OTR/L	

	Course Title	Course Description
5F	Issues Confronting	Parents who foster or adopt children with a history
	Children Who Have	of drug exposure generally do not have a full idea
	Been Drug-Exposed	of what problems the children may have, how to
	During Gestation	help them, or what kinds of resources are available.
		This presentation addresses these issues. The aim
	Sunday, 8:00 AM-12:00	is to educate about the underlying abnormalities in
	PM	brain circuits that can be caused by drug exposure
		before birth, its consequences, and what can be
	Presented by Dr. Miriam	done about them. It discusses how this affects
	Weinstein, MD, University	development and behaviors from infancy to school
	of Tennessee/Private	age. It is designed to give parents insights and
	Practice	guidance about the nature of common problems
		and what to do about them.

Sexual Abuse

	Course Title	Course Description
9A	Human Trafficking in Tennessee	What decisions can we make today to ensure the best possible outcomes for tomorrow? In this workshop we will explore specific ways to protect
	Friday, 2:15 PM-3:15 PM	the families we create through wills, trusts, and life insurance while planning a future that includes college funds and eventually retirement.
	Presented by Ondrea Johnson, Jerry Redman, and Rachel Sumner, End Slavery TN	, and the second
19A	Safety Planning Related to Sexual Behavior	In the spring of 2015, DCS implemented Policy 31.18, which mandates safety planning for children and youth displaying specific high risk behaviors
	Friday, 3:45 PM-5:15 PM	and formalized the safety planning process. This presentation focuses on considerations for safety planning related to youth displaying concerning
	Presented by Jacqueline Page, Psy.D.	and/or problematic sexual behavior and youth who have engaged in sexually abusive behavior. Strategies for parents to ensure safety when fostering youth displaying or having a history of problematic and/or abusive sexual behavior will be provided. This interactive presentation will address typical questions about safety planning for sexual behaviors and utilize commonly encountered situations as participants walk through the development of effective safety plans.

	Course Title	Course Description
10B	Darkness to Light: Stewards of Children	Stewards of Children is a prevention training program that teaches adults how to prevent, recognize, and react responsibly to child sexual
	Saturday, 8:00 AM- 10:00 AM	abuse by learning the 5 Steps to Protecting Our Children. The program is designed for anyone concerned about the safety of children. It is the
	Presented by Ryan Wallace, Chrystal Templeton, Amy Norville, and Sharon DeBoer, Child Advocacy Center of Rutherford County	only nationally distributed, evidence based program proven to increase knowledge, improve attitudes, and change child protective behaviors.
9C	Consider Fostering a Youth with Problematic Sexual Behavior	Youth with problematic sexual behavior can benefit greatly from being a part of a foster family; however often foster parents may be hesitant to accept youth with sexual issues. The hesitancy is
	Saturday, 11:00 AM- 12:30 PM	typically related to concerns about being able to provide what the youth needs or not having enough information to make a decision about
	Presented by Jacqueline Page, Psy.D.	accepting a youth with problematic sexual behavior into their home. This presentation highlights what foster parents need to know about youth with problematic sexual behaviors and will help them obtain the relevant information they need to make a commitment to fostering a youth with problematic sexual behavior.
5D	Sexualized Behaviors in Children: What's Normal, What's Not, and How to Respond	Adults are often unsure about what is acceptable sexual behavior in children. How do we know if the behavior is considered healthy and a natural part of childhood development or is cause for concern? This workshop will provide information to help
	Saturday, 2:00 PM-1:30 PM	parents recognize when behavior is healthy or problematic, review what is known about childhood development as it relates to children's sexual
	Presented by Jacqueline Page, Psy.D.	behaviors, and identify signs of problematic sexual behavior. Parents will learn how to respond to sexual behavior and hear tips on how to support healthy sexual development of children.

Support and Resources

	Course Title	Course Description
14A	KEEP Overview:	Through the Title IV-E waiver- Demonstration
	Introduction to Keeping	Project, DCS is implementing services and supports
	Foster and Kinship	across both in-home and foster care/placement
	Parents Trained and	services. The desired outcomes of In Home
	Supported	Tennessee are to improve the quality of casework
		services by engaging families and connecting with
	Friday, 12:00 PM-1:00	stakeholders in designing and delivering
	PM	individualized services to meet families' needs,
		enhancing families' capacities to keep children safe,
	Presented by Jennifer	and building organizational capacity to implement
	Williams and Ashley Raglin,	system change to meet the needs of families.
	Department of Children's	
22A	Services	This workshop will so you the principle of CACA
ZZA	CASA 101: CASA Is Not Just a House	This workshop will cover the mission of CASA (Court Appointed Special Advocates), from the local
	Just a House	level through the state and national network.
	Friday, 1:30 PM-2:30 PM	Topics will include: Basics of CASA Advocacy – what
	Friday, 1.30 FW-2.30 FW	CASA volunteers do; State Statute for CASA; CASA's
	Presented by Lynne Farrar	place in the child welfare system; Alphabet Soup
	and Wendy Jill Spence, TN	(CASA, DCS, CPS, CAC, CFTM, TPR); The role of
	CASA Association	Tennessee CASA and National CASA; Training and
		Technical Assistance Opportunities; and questions
		& answers.
26A	Protecting Our Precious	During this workshop, participants will learn how to
	Cargo: Child Passenger	select an appropriate child restraint and how to
	Safety	properly install and secure children in vehicle
	,	restraint systems according to the child passenger
	Friday, 3:00 PM-4:00 PM	safety best practice guidelines. In addition, local
	3.	resources will be shared for participants to retrieve
	Presented by Bethany Krieg,	more information related to child passenger safety.
	Department of Children's	
20	Services	I de caté de cale e care de céans acceptant de la
3B	Building Your Village:	Identifying the needs of traumatized children and
	Connecting Hurt	finding supportive, trauma informed providers can
	Children with	be both difficult and frustrating for caregivers.
	Appropriate Services	Often foster families do not fully understand the
	Caturday 0:00 AM 10:00	effects of trauma on the development of children
	Saturday, 8:00 AM-10:00 AM	or the range of professional assessments and
	Alvi	interventions available in helping to meet their needs. This workshop will cover the need for
	Presented by Allison	providers to be consistent, family centered and
	Douglas, Harmony Family	trauma informed, introduce the Seven Domains of
	Center	Impairment in children coping with complex
		trauma and the types of practitioners utilized to
		meet children's needs in each area. Informal, social
		and family supports will also be explored.
		and family supports will also be explored.

	Course Title	Course Description
2C	Who Am I? Creative Responses to Classroom Activities	Children who have been separated from their family of origin through foster care or adoption often find typical school assignments such as family trees difficult and stressful. Children may have
	Saturday, 11:00 AM- 12:00 PM	questions about their birth stories, extended family history, or ethnic heritage that foster or adoptive families are unable to answer. This workshop
	Presented by Allison Douglas, Harmony Family Center	explores why assignments like these may be challenging for children and how their caretakers can partner with schools, teachers, and their children as they navigate these tricky assignments.
10D	Resource Linkage: Community Partnering and Volunteering with DCS	DCS Resource Linkage presents an overview of how Resource Linkage works within DCS and with the community to support child and families of abuse or neglect. Information will be presented from urban and rural perspectives. Participants will also
	Saturday, 2:00 PM-3:30 PM	learn how to become a volunteer or CAB member.
	Presented by Dana Eskridge, Shania Thomas- Houston, Terre Harris, Candi Glasscock, and Carlotte Walker, DCS Resource Linkage Coordinators	
12D	Empowering Local Foster Parent Association Presidents and Representatives	This workshop will inform foster parents of the benefits of being a member of local and state associations. The governing elements of local associations will be covered, including how to conduct meetings and IRS and TFACA
	Saturday, 2:00 PM-4:00 PM	requirements. The Minimum Standards for Local Associations will also be explained. This workshop is open to anyone interested in starting or growing
	Presented by Myra Cooper, Becky Rogers, and Cheryl Hultman, Tennessee Foster and Adoptive Care Association	a local association and those interested in the operations of TFACA.
4E	Insurance Basics Saturday, 4:00 PM-5:00	This course will discuss the basics of healthcare for children in state custody. Topics will include an introduction to insurance, available services, how
	PM Presented by Vikki Hood, BlueCross BlueShield of Tennessee	to contact the healthcare provider, and what resources are available to our members. Emphasis will also be placed on preventive care topics. Foster parents will have the opportunity to interact with representatives from TennCare Select and ask any questions they may have about healthcare.

	Course Title	Course Description
17E	Financial Foundations of	Being a foster parent is hard work. Building a
	a Family	family through adoption from the foster system is
		usually more challenging than having a biological
	Saturday, 5:30 PM-6:30	one. Between the licensing, visits with birth
	PM	parents and social workers, therapy, and endless
	Dragantad by Amy Ford	paperwork, being a foster parent can feel
	Presented by Amy Ford, New York Life	overwhelming. So much screams for our time and
		attention, yet the smaller, quieter, necessary building blocks to protect the family we have
		worked so hard to create are put on the back
		burner. Building blocks that, when ignored, can be
		catastrophic to the average family.
8F	Foster Parent Bill of	A bird's-eye view that explains the details of the 25
	Rights	tenets and subsequent amendments that govern
		the way foster parents are viewed and treated as
	Sunday, 9:00 AM-11:00	part of the professional team that serves children
	AM	in the child welfare system in Tennessee.
	Presented by Johnetta Lane,	
	Harmony Family Center	

Teens

	Course Title	Course Description
10A	Tough Topics from	Sometimes teens ask tough questions-about sex,
	Teens—Answering	personal values, or other topics that can be
	Difficult Questions	challenging to answer in a way that supports a
		strong parent/child relationship. This workshop
	Friday, 2:15 PM-3:15	will break down exactly what teens are really asking
	PM	and learn techniques to respond effectively. The
		focus of this interactive workshop is to assist
	Presented by Jonna	parents in answering questions in a way that helps
	Laidlaw and Pam Bell,	young people learn to think through questions for
	Oasis Center	themselves and ensures that youth will continue to
		come to parents with important questions.
20A	Truth and	This workshop will focus on understanding
	Consequences: Helping	adolescent brain development related to difficulty
	Teens Make Decisions	in seeing long-term impact of decisions.
	Based on Future Goals	Participants will be given decision-making models
		to be used with teens to help them walk through
	Friday, 3:45 PM-5:15	the process of making choices to promote
	PM	decisions with positive consequences and long-
		term success.
	Presented by Amy	
	Moseley, Hope Clinic for	
	Women	

	Course Title	Course Description
8B	Reality Check Saturday, 8:00 AM- 10:00 AM Presented by Lori Hammond Harris, Department of Children's Services	Reality Check is an interactive simulation designed to give participants hands-on experience in making financial and daily decisions in order to sustain their household for a month. Most youth have unrealistic ideas on living independently and have little awareness of what is needed to make it on their own. Youth aging out of foster care often lack the support system to fall back on when their plans don't work out, and it is critical that they have the tools necessary to make sound decisions. National statistics sadly show that youth aging out of foster care are disproportionately represented in four social ills: homelessness, incarceration, committal to mental health institutions and poverty. Come and engage in this exciting workshop and learn how to better help our youth successfully prepare for life.
15B	Success Beyond 18: Transitioning Youth to Adulthood Saturday, 8:00 AM- 10:30 AM Presented by Erika Sheffield and Clementine Perry, DCS Office of Independent Living	The Office of Independent Living helps youth in foster care and young adults who age out to prepare for adulthood and become empowered, confident, competent, and productive individuals. This presentation will provide a broad-based spectrum of services (federal grants and state funds support educational attainment, basic needs such as housing support and staff allocations) available to help youth successfully transition to adulthood and become proficient in adult living skills. The workshop will provide guidance for foster parents on how to help youth transition by supporting development of the youth's transition plan and how to provide youth the ability to have an active voice in order to be empowered to make decisions about their lives, needs, and abilities.
7C	Foster Care to Freshman—College and Career Mindset Workshop Saturday, 11:30 AM- 12:30 PM Presented by Michael Leach, Director of Independent Living, Department of Children's Services	This workshop will discuss college awareness and preparation as well as services and scholarships available to young people formerly in DCS custody. Participants will learn about college options and support systems and how to help promote, prepare, and support post-secondary education for foster youth.

	Course Title	Course Description
3D	Cyberbullying and	Cyberbullying can happen 24 hours a day, 7 days a
	Sexting	week, and reach a kid even when he or she is
		alone. This workshop will explore the ways that
	Saturday, 2:00 PM-3:00	parents can help to prevent cyberbullying and how
	PM	to respond if you find out your child has become a
		victim of cyberbullying. Participants will also learn
	Presenter to be	about the dangers and legal ramifications of
	announced	sexting.
10E	Adolescent	Adolescence can be a challenging time; it is a
	Development:	period of development and change as youth move
	Straightforward	toward young adulthood. This phase of life is a
	Information to Help	crucial period encompassing emotional wellbeing
	Foster Parents	and social, mental, and physical development. This
		session will address adolescent development
	Saturday, 4:30 PM-6:30	considerations in a straightforward manner with a
	PM	goal of reinforcing your efforts while also helping
		you feel better equipped to face some of the
	Presented by Jacqueline	inherent challenges of parenting adolescents in
	Page, Psy.D.	today's world. We'll examine core developmental
		considerations, discuss realistic parenting
		strategies, look at relationships, and venture into
		the reality of the impact and influence of our multi-
		media world.

Trauma

	Course Title	Course Description
25A	Tru Life: The	This presentation focuses on the importance of
	Experience of Being a	utilizing empathy in professional work with youth in
	Child in Foster Care	foster care, especially interaction with those who
		are older and are facing emancipation. Participants
	Friday, 3:45 PM-5:15	will experience a mini simulation crafted through
	PM	testimonials from actual foster youth who share
		issues they have had while being in foster care.
	Presented by Ebone	Participants will be able to have open discussion to
	Watkins, LGSW, and	discover and explore solutions and barriers in
	Synethia Davis	working with older youth in foster care. Solutions
		will be provided with an emphasis on permanency
		and transition planning. Participants will also hear
		from a former foster youth who will discuss what
		was and wasn't beneficial to her while in foster care
		and how she ended up living a successful life.

	Course Title	Course Description
9B	Circle of Security	In this workshop, participants will gain a deeper
	Attachment Parenting	understanding of the attachment process through
		the core principles of Circle of Security. Circle of
	Saturday, 8:00 AM-	Security is an effective researched based program
	10:00 AM	that helps caregivers become better attuned and
		responsive to their child's emotional needs. The
	Presented by Jan Clifton, LCSW and Kim Morris,	caregiver system acts as a secure base and safe
	LCSW and kim Morris,	haven for their child on their journey through
	LCSVV	autonomy and connection. Circle of Security is
		grounded in attachment theory and can effectively
		be applied to the parent-child interactions
		throughout the life span. Participants will identify
		problematic attachment patterns, understand
		attunement and identify relationship cues and
		miscues and learn positive parenting strategies to
3C	Family Functioning and	repair and reconnect relationship ruptures. Parenting children is hard; parenting children from
30	Parental Stress: Your	hard places can feel overwhelming. Demands for
	Response Matters	an adoptive or foster parent's attention do not
	Response Matters	stop, and many parents can struggle to balance
	Saturday, 11:00 AM-	work, daily living, and other significant relationships
	12:30 PM	while attending to children's needs expressed
	12.501111	through difficult behavior. Parents must find the
	Presented by Jason S.	additional strength to be the tender healers they
	Jordan, Mercy Community	long to be and express strong emotions in a
	Healthcare	collaborative, constructive way. Parent and child
		stressors and how we express our frustrations can
		undermine the very family functions which can
		bring healing to the child. Communication, problem
		solving, and appropriate emotional responsiveness
		can provide the stability and felt safety that can
		bring healing to our children and be a valuable
		resource to lower parental stress.
9D	TBRI – Trust Based	TBRI® is a holistic approach that is multi-
	Relational Intervention	disciplinary, flexible, attachment-centered, and
	Overview	challenging. It is a trauma-informed intervention
		that is specifically designed for children who come
	Saturday, 2:00 PM-3:30	from "hard places" of maltreatment, abuse, neglect,
	PM	multiple home placements, and violence, but you'll
		see that the principles apply to all children. TBRI®
	Presented by Michelle	consists of three sets of harmonious principles:
	Hathaway and Lenna Allen, Harmony Family	connecting, empowering, and correcting. In this
	Center	course, we will provide an overview of these three
		principles.

	Course Title	Course Description
8E	The Power of	This workshop will provide participants with skills
	Connectivity	for working with traumatized children and also
		provide tools for self-care for foster parents living
	Saturday, 4:00 PM-6:30	under stressful circumstances.
	PM	
	Dragantad by	
	Presented by MelissaRoshan Potter	
	KEYNOTE SPEAKER	
14E	Loving and Letting Go	This workshop will help foster parents address the
		grief and loss they experience when children in
	Saturday, 3:30 PM-6:30	their homes return to their birth parents or other
	PM	permanent placements. Techniques will also
		be provided on how to manage the stress that
	Presented by DCS Contract Trainer	accompanies grief during the transition period of a
		foster child leaving the home.
2F	Caring for Children	Most of the children who enter the foster care
	Who Have Experienced	system have been exposed to traumatic events.
	Trauma: An Overview	Helping foster parents understand how these
	of the Foster Parent	events may impact children and to recognize
	Curriculum	behaviors as symptoms of those experiences are
		the goals of Caring for Children Who Have
	Sunday, 9:00 AM-12:00	Experienced Trauma: A Workshop for Resource
	PM	Parents, also known as the Resource Parent
		Curriculum, or RPC. The RPC is an 8-module
	Presented by Melissa Hoffmann, Ph.D., UT	curriculum that is usually presented in two-hour
	Center of Excellence for	increments by a trained professional and a
	Children in State Custody	facilitator with lived experience, such as a foster
		parent. This interactive presentation will provide
		an overview of the curriculum, with a focus on the
		primary concepts and ideas that foster parents
		have found most helpful.

Additional Topics

	Course Title	Course Description
12A	Parenting Children with	Daily diabetes tasks are generally not difficult, but
	Diabetes	they do require planning and organizational skills. There are a number of factors to be considered
	Friday, 4:15 PM-5:15	when a child with insulin dependent diabetes is
	PM	placed in foster care. Prior experience or
		knowledge about adults with type 2 diabetes does
	Presented by Andrea N.	not translate into the skills and awareness needed
	Baldwin, RN, BSN, CDE	to care for children with autoimmune, insulin
		dependent type 1 diabetes. Parents will learn the
		basic daily tasks and skills required when parenting
		children with diabetes and will also learn the
		differences between type 1 and type 2 diabetes.

	Course Title	Course Description
13D	Hispanic/Latino Diversity Cultural Competency Saturday, 2:00 PM-3:00 PM	This workshop will discuss facets of Latino culture and provide insight and understanding of differences between Latino and American culture. Parents will learn ow to approach working with Latino families in a culturally competent way.
	Presented by Francis Garcia, Hispanic Community Engagement Coordinator, TN Department of Health	
15D	Helping Children and Youth with Autism Develop Self-Advocacy Skills Saturday, 2:00 PM-3:30 PM	This workshop will focus on skills to help children and youth on the autism spectrum understand their diagnosis and become self-advocates for services, needs and personal rights.
3E	Presented by Amy Moseley, Autism TN Parenting LGBTQ Children: A Parent's Guide to Embracing a Child's Authenticity Saturday, 3:30 PM-6:30 PM	This experiential workshop will help empower foster parents with a greater understanding of the best practices for loving, supporting, and advocating for their foster child who identifies as lesbian, gay, bisexual, and/or transgender.
	Presented by Pamela Sheffer, Just Us @ Oasis Center	

Closing Luncheon Keynote Speaker MelissaRoshan (MelRo) Potter



MelissaRoshan Potter credits her ability to escape through artistry and fashion as her saving grace from an abusive childhood. Conceived when her 13 year-old-mother was raped by a much older man. By age 15, MelRo had lived in 23 different foster and group homes where she experienced emotional, physical and sexual abuse. She was also forced into child slave labor for a time.

By 17, MelRo was a teen mother who lived in a homeless shelter with her infant son, but she was determined to create a healthy life for herself and her child. After attending school and parenting classes while also working, MelRo was discovered by a modeling agent a year later. Within the span of a few months, she became a highly sought after model featured in major print campaigns, billboards, album artwork, magazine covers, and music videos.

Despite her newfound career, no amount of success could heal her unaddressed PTSD or childhood trauma. After a failed suicide attempt, MelRo realized she could never experience what it meant to be truly beautiful until she freed herself from her childhood emotional wounds.

Refusing to be a victim any longer, she sought out trauma-based therapy, made the choice to forgive those who harmed her, and tirelessly began speaking and educating others on the very real effects of trauma as well as the dangers of avoiding the work to heal. She is now an advocate for the 400,000 plus foster children who cannot speak for themselves. MelRo's personal mission is to help others uncover what has been ugly in their lives and to recover what is beautiful.

For more information, visit www.melrosvoice.com.

Registration Payment Instructions

There will be no on-site registration.

EARLY REGISTRATION MUST BE POSTMARKED ON OR BEFORE JULY 15, 2016.

LATE REGISTRATION MUST BE POSTMARKED ON OR BEFORE JULY 31, 2016.

Only registered participants may participate in conference activities. Hotel reservations are for registered conference participants only.

NOTE: CHILDREN MAY NOT ATTEND OR PARTICIPATE IN ANY CONFERENCE ACTIVITIES.

No registration will be accepted for minor children. No child will be allowed in any workshops, conference activities, at the conference center, or at any of the conference hotels. Please cooperate with the rules. Registrants who bring children to the conference will be asked to leave and no conference refund will be granted. Parents are asked to make childcare arrangements prior to the conference weekend.

Participants will be able to register online or by mail. DCS will accept credit cards (online), personal checks, cashier's check, or money order. NO CASH WILL BE ACCEPTED.

2016 Annual Foster Parent Conference September 9-11, 2016 INSPIRING HOPE FOR TOMORROW

We are excited to announce that participants will be able to register online for the 2016 foster parent conference. Benefits of online registration include:

- **Save time**: Participants can sign up online when and where is most convenient for them in just a few minutes, without having to print, manually fill out, and send paper forms.
- **Improved customer support**: Your online registration will ensure you receive a confirmation notice immediately.
- Securely and conveniently pay online: Instead of writing a check, participants can simply enter their credit card details online to securely complete their transaction in seconds.

To register online, please access www.TNDCSRP.info

ASSOCIATION MEMBERS: enter discount code to receive reduced rate. See next page for online registration instructions.

Registration submitted by mail should be sent to:

Foster Parent Conference Registration Department of Children's Services UBS Tower, 8th Floor 315 Deaderick Street Nashville, TN 37243

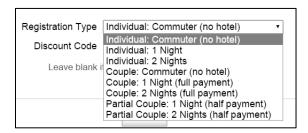
MAKE PERSONAL CHECKS, CASHIER'S CHECK, OR MONEY ORDER PAYABLE TO: **Department of Children's Services**

Note: Please complete a separate registration form for each participant. REFUND REQUESTS MUST BE SUBMITTED IN WRITING to the address above and postmarked by August 15, 2016. Requests postmarked by this date will be approved on an individual basis.

Refunds will be considered and processed after the conference bills have been paid. Refunds will not be given onsite.

Online Registration Instructions

To register online, please access <u>www.TNDCSRP.info</u> and select the appropriate registration type.



This year, participants can register online individually or together as couples or roommates. Couples registering together should **EACH** enter their preferred workshop selections before submitting the registration form.

Couple participants staying at the hotel who wish to register separately may select one of the Partial Couple rates, but both participants must register before the July 31 deadline. Registrations received after July 15 will be subject to late fee.

Note: Commuter couples who choose to register separately should each select the Individual Commuter rate at the time of registration. Otherwise, commuter couples may also register together by selecting the Couple: Commuter rate.

Association members are eligible to pay a reduced conference fee. To receive the discounted rate when registering online, select your participant type (Individual, Couple, etc.) with MEMBER at the beginning.

Each conference registrant will receive a separate confirmation letter. If you have not received a confirmation letter and schedule by August 15, 2016, call (855) 266-2458 or email training.ei-dcs@tn.gov for assistance and further instruction.

Additional Registration Information

This year the conference committee aims to make the registration process easier for foster parents by assisting parents in creating their schedules. By answering a few questions, the conference committee will be able to create schedules based on parents' needs and availability for attendance.

Parents are asked to indicate which days they will be attending workshops (Friday, Saturday, and/or Sunday) and whether they are in need of specific required in-service trainings. **Schedules for first and second year parents will be assigned based on the information you provide**.

- Parents who register online can indicate these needs in the provided fields. If no electives are needed, simply type "N/A" in those fields, and in-service classes will be scheduled for you based on your other responses.
- Parents who register via mail can check the specific courses needed on the registration sheet provided in this brochure.

Please note that while all attempts will be made to maximize training hours, workshops are assigned on a first come, first serve basis. Parents are advised to register as early as possible to ensure placement in needed or preferred workshops.

Parents who have been fostering for three years or more and wish to attend elective trainings should indicate their workshop preferences, including if any required in-service courses are needed (such as CPR & First Aid Refresher, Medication Administration Refresher, or either Prudent Parenting course).

- Parents who register online should indicate any required training needs in the fields provided. Elective selections can be entered in the relevant fields by entering the workshop number indicated in the charts beginning on page 18 of this brochure.
- Parents registering via mail can check the specific courses that interest them on the registration sheet provided in this brochure.

PRINT or **TYPE** name as you want it on your name badge.

First Name	La	Last Name				Name of Spouse/Roommate					
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System		second year parents)					☐ Prudent Parenting 2				

Note: Required in-service trainings will take precedence over elective selections when assigning schedules.

Please print name:

Elective Workshop Preferences					
4. Please select any elective trainings you wo	uld like to attend.				
Friday Afternoon					
 □ 14A: KEEP Overview (12:00-1:00) □ 22A: CASA 101: CASA Is Not Just a House (1:30-2:30) □ 10A: Tough Topics from Teens-Answering Difficult Questions (2:15-3:15) □ 9A: Human Trafficking in Tennessee (2:15-3:15) □ 21A: Adoption Preparation 1 (2:30-4:30) □ 26A: Child Passenger Safety (3:00-4:00) 	 □ 20A: Truth and Consequences (3:45-5:15) □ 19A: Safety Planning Related to Sexual Behavior (3:45-5:15) □ 25A: Tru Life: The Experience of Being a Child in Foster Care (3:45-5:15) □ 24A: Trauma and ACEs (4:15-5:15) □ 12A: Parenting Children with Diabetes (4:15-5:15) 				
Saturday Morning					
☐ 17B: Youth Mental Health Part 1 (8:00-10:30) ☐ 19B: Adoption Preparation 2 (8:00-10:00) ☐ 15B: Success Beyond 18: Transitioning Youth to Adulthood (8:00-10:30) ☐ 10B: Darkness to Light: Stewards of Children (8:00-10:00) ☐ 9B: Circle of Security Attachment Parenting (8:00-10:00) ☐ 4B: NAS/Safe Sleep (8:00-12:00) ☐ 8B: Reality Check (8:00-10:00) ☐ 3B: Building Your Village (8:00-10:00)	☐ 19B: Adoption Preparation 3 (10:30-12:30) ☐ 2C: Who Am I? Creative Classroom Responses for Foster Children (11:00-12:00) ☐ 9C: Consider Fostering a Youth with Problematic Sexual Behavior (11:00-12:30) ☐ 3C: Family Functioning and Parental Stress (11:00-12:30) ☐ 7C: Foster Care to Freshman (11:30-12:30)				
Saturday Afternoon					
□ 16D: NAMI Basics: Coping with Childhood Onset Mental Illness (2:00-3:00) □ 14D: Best Practices in Transracial Parenting (2:00-3:00) □ 13D: Latino Culture (2:00-3:00) □ 3D: Cyberbullying and Sexting (2:00-3:00) □ 10D: Resource Linkage: Community Partnering and Volunteering (2:00-3:30) □ 15D: Helping Children and Youth with Autism Develop Self-Advocacy Skills (2:00-3:30) □ 5D: Sexualized Behavior in Children (2:00-3:30) □ 9D: TBRI - Trust Based Relational Intervention Overview (2:00-3:30) □ 12D: Local Foster Parent Associations (2:00-4:00) Sunday Morning	☐ 14E: Loving and Letting Go (3:30-6:30) ☐ 3E: Parenting LGBT Children: A Parent's Guide to Embracing Authenticity (3:30-6:30) ☐ 4E: Insurance Basics (4:00-5:00) ☐ 8E: The Power of Connectivity (KEYNOTE SPEAKER) (4:00-6:30) ☐ 10E: Knowledge for Fostering Adolescents (4:30-6:30) ☐ 6E: Improving Developmental and Sensory Processing Function in Children (NAS) (4:30-6:30) ☐ 2E: Youth Mental Health Part 2 (4:30-6:30) ☐ 17E: Financial Foundations of a Family (5:30-6:30)				
☐ 5F : Issues Confronting Children /Drug-					
Exposed During Gestation (8:00-12:00) 8F: Foster Parent Bill of Rights (9:00-11:00) 15F: Impact of Fostering on Birth Children (9:00-12:00)	☐ 12F: Youth Mental Health Part 3 (9:00-11:30) ☐ 2F: Caring for Children Who Have Experienced Trauma (9:00-12:00)				

PRINT or **TYPE** name as you want it on your name badge.

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Note: Required in-service trainings will take precedence over elective selections when assigning schedules.

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Saturday Afternoon	, , ,				
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Regional Welcome Information

September 9, 2016: 6:15 PM-7:30 PM Mirabella E&F

September 10, 2016: 10:00 AM-2:00 PM Regional Welcome Tables

This year parents will have two opportunities to meet with representatives from their regions.

Following Friday's Opening Session, each region will have a designated area in the ballroom for parents to meet with one another as well as regional workers and local association representatives.

Parents who are unable to attend Friday's event will also be able to receive regional information from a representative between 10:00 AM and 2:00 PM on Saturday by visiting the regional welcome tables located in the hotel lobby near the registration area.

Program Advertisement Form

(Complete one form for each advertisement)

Program Advertisem	ent:						
☐ Full Page Ad	\$100						
☐ Half Page Ad	\$50						
☐ Quarter Page Ad	\$25						
☐ Patron / Sponsor	\$10						
Please type or print leg	ibly:						
Name of Organization/Co	ompany:						
Address:							
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Advertisements must be brochure and must be so made with Microsoft con email to Ronya Faulkner	ubmitted npatible s	via email by software (Acr	July 1, 2 robat PI	2016. Ple DF, Word	ase only	y send fil	es
Ads/Sponsors: Please m	ake chec	ks pavable to	o TFACA	A. Mail fui	nds to:		

TFACA Ads/Sponsors PO Box 33428

Murfreesboro, TN 37133

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Vendor Form

Vendor Table Reservation:

Friday and Saturday Table setup will begin September 9

Dismantle of tables will be on September 11 by 12:00 PM

	Vendor Fee	Hotel Fee
Commuter	\$50	-
1 night/individual	\$50	\$70
2 nights/individual	\$50	\$167
1 night/couple	\$50	\$140
2 nights/couple	\$50	\$237

If staying at hotel one night, please indicate:

Friday

Saturday

Vendor fee incluc Additional meals \$	les one 8 foot table, two chairs, and 2 sets of meal tickets. 15 per person
	.SO REGISTER ONLINE. Visit the Foster Parent Training website on: http://www.tn.gov/dcs/article/2016-foster-parent-conference
Please type or pr	nt legibly:
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Phone:	Email:
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